

Getting the most from your Pharmacist/Chemist

The Pharmacy (or chemists) is the place to go to have prescriptions made up. Pharmacists provide a range of services including giving advice on how to treat and recognise minor illnesses, sexual health and contraceptive advice; this could save you a trip to the GP. The pharmacist should be able to tell you if you need to see your GP. If you need to talk in confidence ask the pharmacist if there is somewhere private where you can talk. You can use any pharmacy you wish.

The pharmacy sells some medication over the counter, which means they can be bought without a prescription. The contents and action of the medicine will be the same as the prescribed medicine but it may be cheaper. Ask your GP if the medicine prescribed for you is available over the counter or ask the pharmacist when you take your prescription to them. Most pharmacies offer the Emergency contraceptive pill, some will supply under 21's the pill for free or for a charge, following a consultation with the pharmacist.

There is usually a late night chemist open and out of hours service available for medicines. This service operates on a rotation with certain pharmacies in the area. For details of which pharmacy is open see the Chichester Observer Paper or go to the website www.chichester.co.uk scroll down to useful numbers, info desk and click late chemists.

Other services the Pharmacy offer are General health monitoring, review of medication, specialized monitoring of disease and many others.

The University Nurse Health Advisers will advise you on general health advice and specific health education, including stop smoking advice and be able to advise you on a local pharmacy to visit, and any other worries or concerns you have.

Chemists in Chichester

(See Map below for Location)

(F) Eastgate Pharmacy 14, Eastgate Square

Tel: 01243 782194

Open: Mon to Fri 9:00 - 19:00, Sat 9:00 - 17:30

(C) Boots The Chemists Ltd ,10-12, North Street

Tel: 01243 782082

Open: Mon 8:30 - 18.00, Tue 8:45 - 18.00, Wed to Sat 8:30 - 18.00 Sun 10.00-16.00

Tesco Pharmacy, Fishbourne Road East PO19 3JT

Tel: 01243 227400

Open: Mon to Sat 8:00 - 21:00, Sun 10:00 - 16:00

(A)Boots Chemists 50-50a, North Street

Tel: 01243 782897

Open: Mon to Sat 9:00 - 17.30

(H)Stephens Pharmacy 7, The Ridgeway

Tel: 01243 782695

Open: Mon-Fri 09.00-5.30, Sat 09.00-13.00

Sainsbury's Pharmacy 27, Westhampnett Road, PO19 7HW

Tel: 01243 774936

Open: Mon to Sat 8:00 - 22:00, Sun 10:00 - 16:00

Moss Chemist 4, Kingfisher Parade, East Wittering

Tel: 01243 672145

Open: Mon to Fri 9:00 - 13:00, 14:00 - 18:00, Sat 9:00 - 13:00, 14:00 - 17:30

Lloyds Pharmacy 77, High Street, Selsey

Tel: 01243 604725

Open: Mon-Fri 09.00-18.00. Sat 09.00-17.00

Boots Pharmacy, 149-151 High Street, Selsey

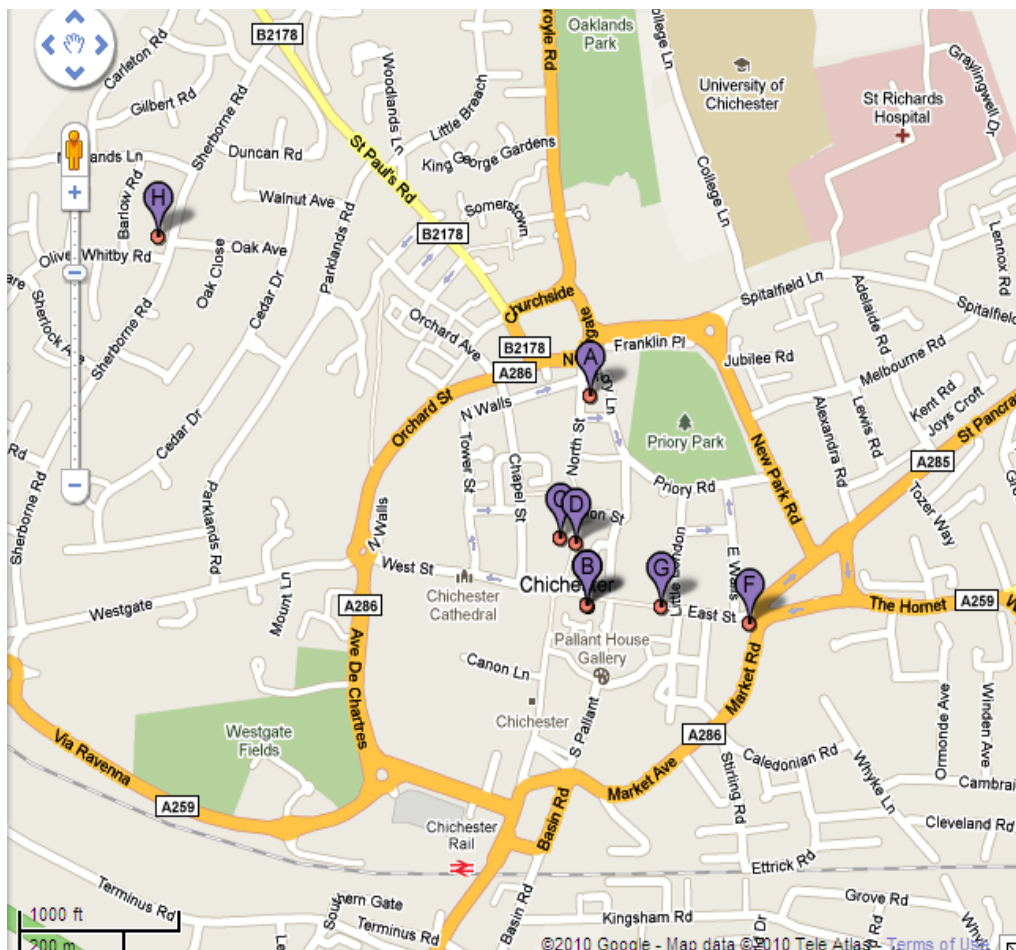
Tel: 01243 602217

Open: Mon-Fri 09.00-17.30. Sat 09.00-17.30

(G)Superdrug Stores PLC, 80 East Street, Chichester

Tel: 01243 786683

Open: Mon-Sat 8.30-17.30 Sun 10.00-16.00



Chemists in Bognor Regis

(See map below for location)

(A)Boots Uk Ltd, Pharmacy Dept, 47 London Road, Bognor Regis, West Sussex, PO21 1PY

Tel:01243 821044

Open: Mon-Fri 09.00-17.30, Sat 08.45-17.30 Sun 10.00-16.00

(E)Day Lewis Pharmacy, Maywood Healthcare Centre, 225 Hawthorn Road, Bognor Regis, West Sussex, PO21 2UW

Tel:01243 823461

Open Mon-Fri 09.00-17.30

(F)Dexter's Pharmacy, 7 Water Tower Buildings, London Road, Bognor Regis, West Sussex, PO21 1PN

Tel:01243 821488

Open Mon-Fri 09.00-17.30

Jordans Pharmacy, 15 The Parade, Pagham, Bognor Regis, West Sussex, PO21 4TW

Open: Mon-Fri 09.00-17.30

(C)Kamsons Pharmacy, 11 Royal Parade, North Bersted, Bognor Regis, West Sussex, PO21 5AJ

Tel: 01243 821721

Open: Mon-Fri 09.00-17.30

(G)Lloyds pharmacy, 47 Queensway, Bognor Regis, West Sussex, PO21 1QN

Tel: 01243 821721

Open: Mon-Fri 09.00-18.00 Sat 09.30-12.30

(I)Lloyds pharmacy 3 Rose Green Road, Aldwick, Bognor Regis, West Sussex, PO21 3EU

Tel: 01243 262073

Open: Mon-Fri 09.00-17.30

(H)Meaby Pharmacy, 2 The Parade, Durlston Drive, Bognor Regis, West Sussex, PO22 9DJ

Tel: 01243 863090

Open: Mon-Fri 09.00-18.00

(J)Rowlands Pharmacy, Flansham Park Health Ctr, 109 Flansham Park, Felpham, West Sussex, PO22 6DH

Tel: 01243 582496

Open Mon-Fri 09.00-17.30

(B)Smith's Pharmacy, 60 Aldwick Road, Bognor Regis, West Sussex, PO21 2NJ

Tel: 01243 823188

Open: Mon-Fri 09.00-18.00 Sat 09.00-12.30

(G)Superdrug Pharmacy, 14-16 London Road, Bognor Regis, West Sussex, PO21 1PY

Tel: 01243 823034

Open: Mon-Sat 08.30-18.00 Sun and Bank Holiday 10.00-16.00

(Green B)Tesco Instore Pharmacy, Shripney Road, Bognor Regis, West Sussex, PO22 9ND

Tel: 0845 6779057

Open: Mon-Sat 06.30-22.00 Sun 10.00-16.00

(D)West Meads Pharmacy, 1 The Precinct, West Meads, Bognor Regis, West Sussex, PO21 5SB

Tel: 01243 823149

Open: Mon-Fri 09.00-17.30

(L) Boots Pharmacy, 108 Felpham Road, Felpham, Bognor Regis, West Sussex, PO22 7PP

Tel: 01243 823423

Open: Mon-Fri 09.00-18.00 Sat 09.00-17.00

