

SPORTS COACHING COURSES 2009 – 2010

Athletics

Date	Time	Course	Internal Price (£)	External Price (£)
Sat 24 th Apr 2010	0900 – 1700	Athletics Level 1	£65.00	(Internal Only)

To book please complete course booking form available from SARC reception or online <http://www.chiuni.ac.uk/sarc/CoachingCourses.cfm>

First Aid

Date	Time	Course	Internal Price (£)	External Price (£)
Sat 14 th Nov 2009	09:30 – 15:30	Appointed Persons First Aid	£35.00	£40.00
Sat 5 th Dec 2009	09:30 – 15:30	Appointed Persons First Aid	£35.00	£40.00
Sat 6 th Feb 2010	0930 – 1530	Appointed Persons First Aid	£35.00	£40.00
Sat 13 th Mar 2010	0930 – 1530	Appointed Persons First Aid	£35.00	£40.00

To book please complete course booking form available from SARC reception or online <http://www.chiuni.ac.uk/sarc/CoachingCourses.cfm>

Fitball

Date	Time	Course	Internal Price (£)	External Price (£)
Wed 3 rd Feb 2010	1830 – 2130	Fitball Workshop	£35.00	£40.00

To book please complete course booking form available from SARC reception or online <http://www.chiuni.ac.uk/sarc/CoachingCourses.cfm>

Football

Dates	Time	Course	
Tues 24 th Nov, Thurs 26 th Nov, 28 th Sat, 29 th Sun Nov & Tues 1 st , Thurs 3 rd Dec 2009	18:00 - 21:00 (24 th , 26 th , 1 st , 3 rd) 09:00 – 16:00 (28 th , 29 th)	Football Level 1	Please contact Alex Twitchen at the University of Chichester Tel: 01243 816299 or Email: a.twitchen@chi.ac.uk to book

Hockey

Date	Time	Course	Price (£)
Sun 7 th Mar 2010, Sun 14 th Mar 2010 Sun 21 st 2010	10:00 – 14:00	Hockey Level 1	Please contact Gill Thomson (England Hockey) Tel: 07718 980518 Email: gill.thomson@englandhockey.org

To book please complete course booking form available from SARC reception or online

<http://www.Englandhockey.co.uk/courses.asp?section=369§ionTitle=Find+a+Course&coursetype=0001300000050001&x=7&y=9&page=2>

Speed, Agility, Quickness

Date	Time	Course	
Sun 25 th April 2010	0900 – 1700	SAQ P-Award (Cost £120.00)	To book please contact: www.saqinternational.com

Teachers Professional Development

Date	Time	Course	Internal Price (£) (West Sussex Teachers)	External Price (£)
Sat 5 th Dec 2009 Sun 6 th Dec 2009	0900 – 1700	Teachers Trampolining ELIGIBILITY (Level 1) To do this course you must be a minimum of 21years of age You must be one of the following A specialist P.E teacher Or --a trainee teacher who has done two terms teaching practice in schools	£165	£195
Sat 27 th Feb 2009 Sun 28 th Feb 2009	0900 – 1700	Teachers Trampolining Level 2 To do this course you must be a minimum of 21years of age You must be one of the following A specialist P.E teacher Or --a trainee teacher who has done two terms teaching practice in schools	£165	£195
Thurs 24 th June 2010	0930 – 1530	Weight Training for Teachers Workshop	£60.00	£80.00

To book please complete course booking form available from SARC reception or online <http://www.chiuni.ac.uk/sarc/CoachingCourses.cfm>

Tennis

Date	Time	Course	Internal Price (£)	External Price (£)
Sat 8 th Mat 2010	0900 – 1700	Tennis Key Stage 3 & 4	£30.00	£35.00

To book please complete course booking form available from SARC reception or online <http://www.chiuni.ac.uk/sarc/CoachingCourses.cfm>

Sports Coach UK Courses

Date	Time	Course	Price (£)
Mon 25 th Jan 2010	1830 – 2130	Safeguarding & Protecting Children	£40.00
Mon 16 th Nov 2009	1830 – 2130	Equity in your Coaching	£40.00
Mon 15 th Feb Dec 2010	1830 – 2130	How To Coach Disabled People In Sport	£40.00

To book please complete course booking form available from SARC reception or online <http://www.chiuni.ac.uk/sarc/CoachingCourses.cfm>

BOOKING INFORMATION

- All courses are run on a first come first come first served basis. When courses are full SARC operates a waiting list system.
- Phone, email or visit SARC reception to book onto a course.
- Payment by cash, cheque or company invoice **ONLY**.
- Any booking by invoice must be paid prior to the course.
- Where possible, details and directions will be sent to candidates 2 weeks before the start of the course.

CANCELLATION POLICY

- All courses require a minimum number in order to run.
- In the unlikely event of a course cancellation by SARC we will give the earliest possible notice to all candidates. Full refunds will be issued or candidates will be transferred to another course.
- If candidates cancel a booking more than 7 days before the start of the course. Any costs incurred by SARC will be charged to the candidate, plus an administration fee.

- If candidates cancel a booking with less than 7 days before the start of the course, 50% of the course fee will be withheld by SARC or more if costs already incurred are higher.
- If candidates cancel a booking with less than 48 hours before the start of the course, 100% of the course fee will be withheld by SARC*.

*If a candidate is ill on the day of the course and cannot attend, we **may** be able to transfer candidates to another course or offer a % refund. This is subject to all course and administration costs being covered. A doctors note must be produced.